



Traditional Balti's

An authentic style of cooking using balti sauce, with fresh herbs and spices in a thick sauce.

Balti Curry (Medium)

Cooked with garlic and coriander in a thick sauce

Balti Josh (Medium-Hot)

Authentic taste with spicy onions, tomatoes and peppers

Balti Sag (Medium-Hot)

Cooked with spinach

Balti Fiazzi (Medium)

Cooked with spicy chums of onion

Balti Roshan (Spicy Hot)

Cooked with greater use of garlic and green chillies to give a strong traditional taste

Balti Kabuli (Medium)

Cooked with chick peas

Balti Shahee (Medium)

Specially prepared an cooked with minced lamb in a spicy sauce

Balti Royal (Medium)

Cooked with boiled egg in a rich thick sauce

Select the Content

Chicken	£10.00	Prawn	£9.75
Chicken Tikka	£11.00	King Prawn	£13.75
Lamb	£10.35	Vegetable	£8.45
Lamb Tikka	£11.00	Paneer	£7.75
Keema	£9.45		
Fish (Haddock)	£13.35		

Traditional Dishes

Lamb Haleem (Med)	£10.45
Lamb cooked with assorted lentils, onion, garlic, ginger, tomatoes an	d selected
herbs and spices	

Lamb Zafrani (Med) £10.45

Marinated lamb in garlic and selected spices, cooked with sliced onions and

Jaipuri Chicken Tikka (Med) £10.45

Tender pieces of marinated chicken, grilled in the tandoori oven and cooked with fried mushrooms, onions, pepper and Punjabi massala in thick sauce

Butter Chicken Tikka (Mild) £10.45 Marinated chicken, cooked in a mild creamy sauce

£10.45

£10.45

£10.45

Side Dish Main Dish

Murghi Massala (Med)

Marinated chicken, cooked with mince lamb, dry spicy dish

Keema Mutter (Med) Minced lamb and fresh green peas cooked with a selection of rich spices

garnished with coriander

Lamb or Chicken Achari (Hot)

Diced chicken or lamb cooked with tantalising mixed pickle and finely chopped

Vegetable Dishes

	Side Dish	Main Dish
Mixed Vegetable Bhaji	£6.45	£6.75
Mushroom Bhaji	£6.45	£6.75
Cauliflower Bhaji	£6.45	£6.75
Brinjal Bhaji (Aubergine)	£6.45	£6.75
Bhindhi Bhaji (Okra)	£6.45	£6.75
Sag Bhaji (Spinach)	£6.45	£6.75
Sag Aloo (Spinach & Potato)	£6.45	£6.75
Bombay Aloo (Potatoes)	£6.45	£6.75
Chana Aloo (Chick Peas & Potato)	£6.45	£6.75
Aloo Gobi (Potato & Cauliflower)	£6.45	£6.75
Chana Bhaji (Chick Peas)	£6.45	£6.75
Dhall Massala (Dry Lentils)	£6.45	£6.75
Tarka Dhall (Lentils Prepared With Garlic)	£6.45	£6.75
Sag Paneer (Spinach & Indian Cheese)	£6.45	£6.75
Brinjal Dhall (Aubergine & Lentils)	£6.45	£6.75
Matter Paneer (Green Peas And Indian Cheese)	£6.45	£6.75
Chef Special Vegetables	£6.45	£6.75

Rice Dishes Sundries

Pilau Rice £3.25 Nan Bread £2.95 £3.55 Plain Boiled Rice £3.25 Peshwari Nan Vegetable Pilau £3.55 £3.55 Makon Nan (Cheese) Mushroom Pilau £3.55 £3.55 Keema Nan (Mince Lamb) £3.55 Onion Pilau Peas Pilau £3.55 Garlic Nan £3.55 £3.55 Garlic & Coriander Nan £3.55 Egg Pilau £3.55 Puree £1.30 Keema Pilau £1.30 Chappaty £4.05 Chicken Tikka Rice Chips £2.75 £0.95 Popadom Masala Popadom £1.20 Green Salad £275

Dips & Chutneys

Mango Chutney	£0.80
Mixed Pickles	£0.80
Onion Salad	£0.80
Mint Sauce	£0.50
Raitha (Natural Yoghurt)	£0.95
Mixed Raitha	£1.05
Cucumber Raitha	£1.05
Pickle Tray (Mix Pickle, Mango, Onions & Mint Sauce)	£2.75

Opening Hours

Sunday - Thursday: 5.00pm - 10.00pm Friday & Saturday: 5.00pm - 10.30pm Closed Tuesday's

Table reservations available

E mail or tel

info@shadwelltandoori.co.uk

t: 01132 662731

High chairs available

Parking facilities

Credit and debit cards accepted

Curry dishes not listed on the menu can be prepared on request

Management reserves the right to refuse service without any explanation

Shadwell Tandoori

EST. 1986

Shadwell Tandoori

Bangladeshi Cuisine







www.shadwelltandoori.co.uk

t. 01132 662731

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Starters

Meat & Poultry

Royal Mixed Kebabs	£5.35
(Chicken & Lamb Tikka, Sheekh kebab)	
Mixed Kebab Special	£5.35
(sheekh kebab, shami kebab, onion bhaji)	
Mixed Starter for 2	£8.55
(Sheekh & Shami kebab, chicken & lamb tikka, onic	on bhaji)
Chicken Tikka	£4.80
Lamb Tikka	£4.95
Sheekh Kebab	£4.55
Shami Kebab	£4.55
Tandoori Chicken (on the bone)	£5.05
Chicken Pakora	£5.05
Samosa (lamb mince)	£4.25
Chicken Chat	£5.25

Seafood Starters

King Prawn Puree	£6.35
Prawn Puree	£5.25
Garlic Prawns	£4.60
Fish Pakora	£5.35

Vegetarian Starters

Mushroom Pakora	£3.25
Onion Bhaji	£3.25
Vegetable Samosa	£3.25
Vegetable Chat	£3.55
Chana Puree	£3.55
Paneer Tikka	£4.55

Shashlick & Tandoori Gourmet

Cooked in a tandoori oven, these are fat free, marinated for at least 12 hours and cooked only when you order. Served with salad and mint yogurt.

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Chicken Tikka	£10.85
Lamb Tikka	£11.15
Tandoori Chicken (On The Bone)	£10.15
King Prawn Shashlick	£16.45
Tandoori Mixed Grill	£11.45
Chicken Shashlick	£11.35
Lamb Shashlick	£11.45
Mix Shashlick (Chicken & Lamb)	£11.45
Tandoori King Prawn	£16.00
Tandoori Fish (Haddock)	£13.00

Tandoori Masala Specialities

Tikka Massala

Cooked with creamy masala sauce which Is specially prepared with herbs and spice with coconut powder

opico mar occoriac portaci		
£10.35		
£10.45		
£15.00		

Tikka Passanda

Cooked in clay oven then delicately flavoured with creamy sauce and nuts. Very mild and tasteful dish

Chicken	£10.45
Lamb	£10.75
King Prawn	£15.00

Tikka Makhani

Cooked in creamy butter sauce with almonds

Chicken	£10.60
Lamb	£10.85
King prawn	£15.00

Biryani Dishes

Preparation of saffron rice, almonds and sultanas. Garnished with boiled egg, tomatoes and other ingredients. Served with a vegetable curry.

Chicken	£10.35
Chicken Tikka	£11.00
_amb	£10.35
_amb Tikka	£12.00
Keema	£10.35
Prawn	£10.35
King Prawn	£13.75
Vegetable Biryani	£8.35

Populat Gourmet Dishes

Korma (Mild)

A delicate preparation of cream and light spices for a very mild taste

Dhansak (Sweet & Sour)

A combination of pineapple, lentils and garlic cooked together to give a sweet and sour mild taste

Malayan (Mild & Fruity)

A mild and fruity dish consisting of pineapple, banana and cream to produce mild taste

Rogan Josh (Medium)

Cooked in two stages, this dish is tomato based where the tomatoes are cooked and then added to a garlic and onion based sauce

Bhuna (Medium)

Cooked with onions, tomatoes and garlic along with some spices to create a dry texture

Pathia (Medium-Hot)

This dish is made using inions, tomatoes and selected spices to give it a hot taste but not quite as strong as madras

Masala (Medium)

Tomato, onion and coriander cooked together in a medium sauce. Slightly spicier than Bhuna/dupiaza

Madras (Hot)

A rich and hot sour taste. Prepared with garlic and lemon to give a hot taste

Dupiaza (Medium)

Maximum use of onions cooked with herbs and psices make it a popular dish

Vindaloo (Very Hot)

Cooked with ginger and lemon in a very hot sauce

Curry (Medium)

A medium dish produced using a diverse and balanced range of spices

Contents:

Chicken	£8.35	Prawn	£9.75
Chicken Tikka	£10.00	King Prawn	£13.75
Lamb	£9.15	Vegetable	£8.45
Lamb Tikka	£10.00	Paneer	£7.75
Keema	£8.45		
Fish (Haddock)	£12.35		

Chef's Homemade Gourmet

Bangla Garlic (Medium-Hot)

Exquisite flavour, cooked in Bangladeshi style sauce, dry and strong flavours with extra use of garlic and coriander for aromatic flavour

Jalfrezi (Medium)

A traditional dish cooked with inions, tomatoes, green peppers and coriander along with a green chilli to give a medium spicy taste

Dhanyamirchi (Hot)

Cooked with grinded chilli and coriander. Spicy and hot dish

Karahi (Mid-Medium)

Prepared with mild spices to give a mild to medium taste

Jal Massala (Very Hot)

Cooked with great use of garlic and green chillies in a spicy massala sauce making this dish very hot and spicy

Naga Tarkari (Hot)

A combination of fine Bengali spice and herbs cooked together with naga chilli paste and fresh garlic

Garlic Chilli (Medium-Hot)

A medium spice dish prepared with garlic, green chillies, bullet chillies, coriander and Indian spices

Ceylon (Hot)

Ceylon is a hot creamy tangy curry cooked with coconut milk, dried chillies and lemon

Select the Content:

Chicken	£9.50 Prawn	£8.25
Chicken Tikka	£9.50 King Prawn	£12.15
_amb	£8.85 Vegetable	£6.95
amb Tikka	£9.50 Paneer	£6.25
(eema	£7.95	

English Dishes All dishes are served with chips and salad

£9.85

Chicken nuggets Omelette (various)

Fish (Haddock)

£6.95 £6.95







